Movement Objectives

Shapes

'Rubbish' shapes

Relationships

Action / reaction of lorries and collectors

Actions

Dustbin gestures and actions

Warm up 1

How do robots move?



Ask the children to **demonstrate robotic hands, heads, feet, arms, legs and tummies.** Get them to try out some ideas around the room. Add in some actions that the children have to perform robotically such as...

- Waving
- Sitting / standing
- Drinking
- Dancing
- Stretching (last activity)

Das Spiegel - The Chemical Brothers





'Rubbish!'

Discuss the activities that dustbin collectors have to do and any special clothing they might need to wear (such as a high-vis jacket and gloves). Get 'dressed' in the items that the children have mentioned.

- Ask the children for examples of 'rubbish' EG banana skin, egg shell, crisp packet
- Create still shapes of these suggestions try out one at a time
- Get them to focus on the details of their movement which parts of their crisp packet are crinkled, where are the cracks in the egg shell?

Put the children into two groups. Ask group 1 to choose any of the 'rubbish' shapes already discussed and demonstrate them in a space. Get group 2 to guess what items of rubbish group 1 have made. Then ask group 2 to sort through the rubbish as dustbin collectors — can they put them into different groups for recycling, composting and general waste? Swap over.

Stomp House - Stomp



Dustbin Lorries

On their own, ask the children to travel like dustbin lorries – think about the shape and size of the machine and the speed at which it travels. Then ask them to become the backs of the lorries – hole for the waste to enter, levers, pulleys, buttons. Lorry actions

- Forwards walk forwards slowly and then stop. Repeat and number of times
- Reverse look behind, flash a hand (warning light) and 'beep' to let people know
- Load lift the wheelie bins up and empty them into the lorry

In pairs, one child is the lorry, the other the dustbin collector. Ask them to connect the lorry actions with the dustbin collector...

• Forwards – the lorry moves forwards and stops. The collector follows the lorry and gets the next bin

- Load the dustbin collector places the wheelie bins onto the lorry, presses the 'button' (the children can decide where this is) for the lorry to empty the bins
- Reverse the dustbin collector beckons and directs the lorry (into a narrow street?
 Down a cul-de-sac? Turning around in a road?)
- Repeat a number of times to establish a pattern
- Swap over so both children complete both roles

Choreography

Can the children make a huge pile of waste together? Make a 'rubbish' shape (not something that can be recycled or composted). Link up with a partner – squash together to make a mini-landfill. Keep making the groups bigger until all the children are linked together in one big landfill pile (make sure the children are linked safely together!).

Performance Opportunity

Discuss the different activities above – rubbish, collection and landfills. Which order do these need to go into? Divide the class into 3 – one group for each activity. Ask the children to perform the dustbin collector's dance in the correct order.

Appreciation

Give feedback to the children - who was effective at

- Demonstrating clear, still rubbish shapes
- Performing with strong mechanical movements
- Working with their partner



Cool Down •

Create a shape based on the most favourite piece of rubbish from the session. Hold it really still. Imagine it is being crumpled up into a really small ball. Then imagine it is being opened out flat – have a good stretch along the floor. Remove the dustbin collector's clothes and sit in a space.

Further Development

Put the class into 3 groups. Ask group 1 to create a huge dustbin lorry as a group. Group 2 are the rubbish, so they can create a shape from earlier in the session. Group 3 are the bin collectors – they need to collect the rubbish in a safe way and transport it into to lorry carefully. Swap over so that all children have a go at the 3 different roles.

Create a machinery dance based on actions that might happen in a recycling plant — objects being squashed, chopped, melted, moulded etc. Choose 4-6 actions and put them in an order and rehearse. Add into the dustbin collector's dance.

